



SAFETY HEROLULUS SAFETY

Above all else







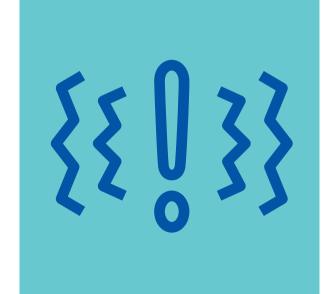






BE AWARE, BE PREPARED

As we work towards the end of the year, it's easy to lose focus



We need to be even more on guard now to prevent safety incidents







YOUR FAMILY IS WAITING FOR YOU

to come home safely



Safety incidents have the biggest impact on loved ones at home

Remember them







COVID-19 ISN'T OVER

We are all still at risk. CONTINUE TO:



Wear your mask



Wash your hands regularly



Sneeze or cough into a folded elbow



Practise social distancing



Wear your
PPE correctly
at work

to prevent the spread of the virus and to protect each other







YOUR HEALTH AND WELL-BEING MATTER ATTER AT

Know your HIV status, and your status for other chronic illnesses



If you are sick, take your prescribed medicine



Exercise to keep fit and healthy, watch your BMI

Take care of your mental health, get help if you feel like you can't cope - speak to your doctor, a friend, to religious leaders







FALLS OF GROUND ARE THE BIGGEST CAUSE OF FATALITIES IN MINING.

Make sure that you:





Report any concerns you have

Remember you have the right to withdraw from work if you feel your life is in danger

