



MINERALS COUNCIL
SOUTH AFRICA



Khumbul'ekhaya

USUKU LWESIZWE LWEMPILO NOKHUSELEKO EMIGODINI

KUNYE SINAKO



Ukuphelisa
ukusweleka
emsebenzini



Ukuncothula
neengcambu
izigulo
zasemsebenzini
ezifana
nethayisisi ne-TB



Ukwehlisa
ukusasazeka
kwe-COVID-19,
emsebenzini
nasekhaya



Ukungabikho
ukulimala



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KWAYE USEMPILWENI
EKHAYA NASEMSEBENZINI



ISIQHELO SETHU ESITSHA

I-COVID-19 iza kuba
nathi iinyanga kunye
neminyaka ezayo

Ukufunda ukumelana nayo kufuneka
ibe sisiqhelo sethu esitsha



abantu abaninzi
abayifumanayo
ngeke bazine
begula, kodwa
basenokuyisaza

Thatha uxanduva

**Zikhusele wena, khusela
oogxa bakho, khuselani
iintsapho zenu neendawo
enihlala kuzo. Kwaye,
ingakumbi abo banokuba
basesichengeni**



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EKHAYA NASEMSEBENZINI



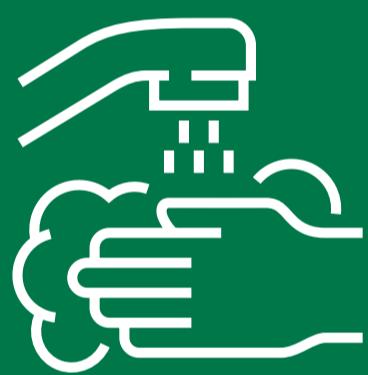
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NQANDA UKUSASAZEKA:-

**Ezococeko ezelungileyo
ziya kwehlisa ukusasazeka
kwe-COVID-19**



Hlamba izandla
zakho qho
imizuzwana
enga ngo-20
ngesepha
namanzi



Kuphephe ukudibana
ngokusondeleyo naye
nabani na onefiva
okanye okhohlelayo



Kuphephe ukudibana
ngokusondeleyo
nabanye abantu ukuba
uyakhohlela okanye
unomkhuhlane



Yogquma umlomo
wakho nempumlo
ngengqiniba yakho
okanye ngethishu
xa ukhohlela okanye
uthimla



**Phepha ukuphatha
ubuso bakho**

**Ezococeko ezelungileyo emsebenzini nasekhaya ziya
kukukhusela wena kunye nabo ubathandayo ekubeni bagule**



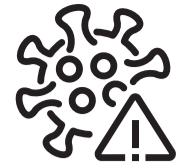
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NQANDA UKUSASAZEKA:-

Nakuba sikoku kunye, kufuneka sihlale sohlukene



Phepha iindawo
ezinabantu abaninzi
nemimandla
egcwele kakhulu



Qelela ngomgama
wemitha e-1.5 ukuya
kwezi-2 kwabanye
abantu apho
kwenzekayo



Ukuba awukwazi
ukuqeleta, qiniseka
ukuba ufaka imaski



Hlamba izandla zakho
ngesepha namanzi
ukuba udibana
ngokusondeleyo
nabanye abantu
okanye iindawo

**Ukuqeleta emsebenzini, kunye nakwindawo
ohlala kuyo, kunokwehlisa ukusasazeka
kwentsholongwane**



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NQANDA UKUSASAZEKA:

Imaski yakho ikuhusela wena, usapho lwakho kunye noluntu lwakho

Faka imaski yobuso okanye isogqumi xesha ngalinye uhamba kwikhaya lakho

QINISEKA:



Ukuba imaski
yakho yogquma
impumlo
nomlomo wakho
ngokupheleleyo



Awuyikhululi xa
ukhohlela okanye
uthimla



Awuphathi imaski
yakho ngexa
uyifakile



Uhlamba iimaski
zakho zelaphu emva
kokuzisebenzisa
ngakunye ngamanzi
anesepha

**Gcina wena kunye nabanye nikhuselile
nokuba uyaphi na ngokufaka imaski**



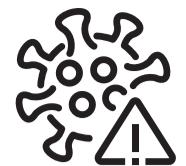
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NQANDA

UBUNDLOBONGELA OBUBHEKISWE
KWABASETYHINI

Ngeli xesha lokuma ngxi
kweentshukumo, abasetyhini
abaninzi baphethwe gadalala,
bayonzakaliswa kwaye
bebulawa kumakhaya abo

OKU
KUFUNEK
KUPHELE



Asikho isizathu
sokuphatha
gadalala

Ungabi ngumbukeli.

Xela uphathe gadalala, nika uncedo, fumana uncedo.

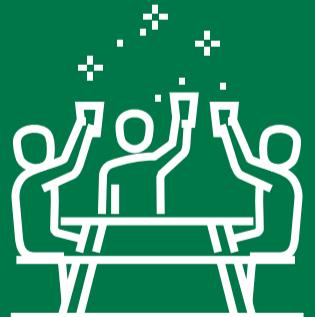


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KUQHELEKILE UKUZIVA USOYIKA KWAYE UNGAQINISEKANGA NGELI XESHA LE-COVID-19

Hlala unolwazi – okukhona unolwazi kokukhona uza kuziva ngcono

	<p>Ungakholwa yonke into oyivayo – fumana ulwazi lwakho kwimithombo ethembekileyo</p>		<p>Yiba nobubele kubantu abakujikelezileyo – nabani na angayifumana i-COVID-19, kwayeabantu abaninzi baphila ngokukhawuleza</p>
	<p>Thatha uxanduva – ukuziphatha okunobungozi kuza wukwenza uzive uxhalabile kwaye konyuse ithuba lokugula</p>		<p>Thetha nabantwana bakho – nabo bakhathazekile ngeli xesha</p>

Fumana uncedo xa uziva ukuba awukwazi ukumelana – thetha nogqirha wakho, umongikazi wakho, umhlobo, iinkokeli zenkolo



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#staysafeandhealthy #inthistogether #stopthespread